

ANTHONY PANTALENO, PH.D.
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EDUCATION: Queens College(CUNY) Psychology B.A. 1975
Pace University School Psychology M.S. Ed. 1977
Fordham University School Psychology Ph.D. 1986
Dissertation Title: Assessment of Social-Behavioral Competence
in the High School Classroom

PROFESIONAL EXPERIENCE

1978-present School Psychologist, Elwood Public Schools, Greenlawn, NY
Coordinator of Special Education and 504 Teams
Risk Assessment Team Leader
Transition Services/Adult Services/College Board Liaison
Annual presentation for SEPTA on “College Planning for Students
with Disabilities”
Field Supervisor, School Psychology Internships, 2002-present
Supervised 2-3 Masters and Doctoral students per year
Group Counseling Specialty Groups:
Social Skills Groups for Boys/ Girls
At-Risk Students Behavior Improvement Group
Dialectical Skills for Emotionally Dysregulated Students
Lead Crisis Counselor, Death of A Teacher, December 9, 2012
Workshop leader for mindfulness trainings for parents/staff/parents
Dignity for All Students Act (DASA), John Glenn HS Team Member

Co-founder, John Glenn H. S. Alternative School Program, Launch September, 2012
Individualized Meaningful Alternative to Generate Interest in a Nontraditional Education
(IMAGINE)

Consultation with regional alternative school programs to determine best practices
Development of Mindfulness-Based Stress Reduction (MBSR) and Dialectical
Behavior Therapy counseling units as core counseling components
Provision of instructional program consultation to dually-certified special/general
education teaching staff
Advocacy with BOE to employ private psychiatric team consultant
Coordination of monthly field trips to be funded by district SEPTA
Facilitation of monthly parent-teacher-student progress monitoring teams

Recipient, 2013 NASP School Psychologist of the Year
Recipient, 2011 NYASP Leadership in School Psychology Award
Recipient, 2008, Psychologist of the Year,
Suffolk County Psychological Association

Recipient, 2007 New York Association of School Psychologists
(NYASP) Practitioner of the Year.

- 2004-2011 Operation Respect, Program Advisor, Elwood-John Glenn H.S.
Coordinator of annual student training
Facilitator, Don't Laugh At Me (DLAM) team retreats
Sponsor, Peter Yarrow Concert, John Glenn HS
Leader, DLAM team presentations in second and fourth grades
- 2008-2010 John Glenn HS Mentoring Program, Program Advisor
Recruiter, Mentoring Teams
Co-trained mentoring teams with the Mentoring Partnership of LI
Mentoring Matters Annual Retreat, Presenter
- 1986-2004 Natural Helpers, Program Advisor, John Glenn HS
Coordinator of annual three-day training retreats for John Glenn HS
Weekly NH team meeting coordinator
Turnkey NH trainer for twelve Long Island High Schools
Creator of Natural Helpers of Long Island (NHLI) web page
Facilitator for Annual NHLI Regional Conference
- 2000-2005 Awareness Weekend, John Glenn HS, Program Director
Coordinator, of two-day overnight retreats at John Glenn HS
- 2003-present Director, Pantaleno Psychological Services, Commack, NY
- 1987-2003 Institute for Behavioral Health, Commack, NY
- 1999-present Clinical Affiliate Professor, St. Johns University
- 2005-present Clinical Affiliate Professor, Adelphi University
- 1986-1987 Assistant Psychologist, Schneider Children's Hospital
- 1977-1978 School Psychologist
Patchogue-Medford Public Schools, Patchogue, NY
- 1978-1981 Adjunct Assistant Instructor, School Psychology Program
Pace University, New York, NY
Cognitive Assessment Course
- 1977 Methadone Maintenance Counselor
Suffolk County Drug Control Authority, South Huntington, NY
- 1976-1977 Counselor, University Counseling Center, Pace University, New York

MEDIA APPEARANCES

- 1999 WPIX, News at 11, aired 11/08/99 "Beating the Bullies".
Featured a news crew a visiting "live" Natural Helpers training weekend.
WPIX, News at 11, aired 11/09/99 News Closeup
Featured an in-studio interview of me and the segment producer
- 2001 Telecare's The God Squad. Interviewed re: "Suicide: The Weakest
Moment"
- 2007 Public Radio Interview "Borderline Personality Disorder"

LICENSES/CERTIFICATES

Albert Ellis Institute, Associate Fellow, 1989
NYS Licensed Psychologist, 1987
NYS School District Administrator, Permanent, 1986
NYS Certified School Psychologist, Permanent, 1977

PROFESSIONAL MEMBERSHIPS

American Psychological Association (APA)
National Association of School Psychologists (NASP)
New York Association of School Psychologists (NYASP)
Suffolk County Psychological Association (SCPA)
Long Island Social Emotional Learning Forum (LISELF)
Girl Scouts of Nassau County, Leader of the Year, 2005

SELECTED PUBLICATIONS:

Educating The Whole Child, Engaging the Whole School: Guidelines and Resources for Social and Emotional Development and Learning (SEDL) in New York State – Where Do We Go From Here?

New York School Psychologist, Fall, 2011

Ten Erroneous Therapist Beliefs, Ten Optimistic Therapist Beliefs, and Ten Hopeful Patient Beliefs in Treating Borderline Personality Disorder

Suffolk County Psychological Association Newsletter, August, 2011

[Why We Meditate: Seeking the Path to Silence, Stillness, Gratitude, and Finding Out Who We Really Are.](#)

Suffolk County Psychological Association Newsletter Fall 2009

On Becoming More Compassionate Therapists, Teachers, Students, Parents, Humans: The Path to Mindfulness-Based Stress Reduction.

Suffolk County Psychological Association Newsletter, August, 2008

[Momentum Explodes for K-12 Social Emotional Learning Standards in NYS Schools](#)

Suffolk County Psychological Association Newsletter, January 2008

[School Psychology's Next Generation: Hello EQ -- Bye-Bye IQ](#)

Suffolk County Psychological Association Newsletter, Spring 2007

[A Proposal for Evaluating School Psychological Services on Long Island: A "Mental Health" Report Card.](#)

Suffolk County Psychological Association Newsletter, Fall 2006

Contract for Adolescent Psychotherapy Group and Homework and Penalty System. Handouts for Clients. In [The REBT Resource Book for Practitioners.](#)

Edited by Michael Bernard, Ph.D., and Janet Wolfe, Ph.D., 2000.

School Psychologists and Children's Mental Health: Seven Reasons To Advocate For Both.

Suffolk County Psychological Association Newsletter, Fall, 1996

Parents as the Primary Clients of the School Psychologist, or, Why Is It We Are Here?
Journal of School Psychology, 1983 Volume 21, Issue 2, 107-113.

Online articles available at www.drpantaleo.com:

Essential Background and Resources for Understanding Accessibility to Digital Textbooks,
Summer, 2008.

Newsday Opinion Editorial: Teachers: It All Comes Down To You, September 9, 2009.

Teen Suicide and Cyberbullying 2010: An Educator's and Therapist's Perspective,
April 2010.

MOST RECENT PROFESSIONAL PRESENTATIONS:

Invited panelist, Conference co-sponsored by NCPA and SCPA, 9/30/12, "Providing Dignity for All Students: The Psychological, Legal, and Educational Implications of Bullying". Long Island University – C.W. Post.

“Welcoming Mindfulness Into Our Lives and into Clinical
Psychotherapeutic Practice”

Anthony Pantaleo, Ph.D. & Nina Thorne, ACSW
February 1 and February 8, 2012
Suffolk County Psychological Association

“An Introduction to Mindfulness-Based Stress Reduction for
School-Based Mental Health Professionals”

Albert Ellis Institute
October 14, 2011

A “Taste of Mindfulness”

Suffolk County Psychological Association
Friday Night Workshop
September 16, 2011

“Mindfulness-Based Stress Reduction for School Psychologists”

NYASP Chapters O&P Workshop
St. Johns University – Oakdale Campus
March 12, 2011

“Mindfulness-Based Stress Reduction: A Workshop for Parents”

November 15, 2010
John Glenn High School PTA

“REBT In The Next Generation:
An Introduction to Mindfulness-Based Stress Reduction”
Albert Ellis Institute Public Workshop
April 16, 2010

“Mindfulness-Based Stress Reduction for Educators”
Workshop presented at
2009 NYASP Annual Conference
October 22, 2009

“Three-Session Starter Workshop in Mindfulness Meditation and Gentle Yoga”
Anthony Pantaleno, Ph.D. and Julie Cohen, Certified Yoga Instructor
June 3, 10, and 17, 2009
Elwood John Glenn High School Library
All Teaching Staff

“Mindfulness...What It Is, How To Learn It Painlessly, and Its Many Applications in Clinical
Practice, DBT Treatment, and School Settings”
SCPA Friday Night Workshop
February 1, 2008

Other Professional Activities:

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| 1993 | Hosted Albert Ellis and AEI staff for a 9-hour Rational-Emotive Behavior Therapy Intensive training at John Glenn HS |
| 2007 | Co-founder of the Long Island- NYC Metro Work Group for Social Emotional Learning” |
| 2008 | Hosted evening PTA Council presentation by author Linda Lantieri to discuss “Building Emotional Intelligence: Techniques to Cultivate the Inner Strength in Children” |

NYASP Ongoing Advocacy Efforts:

Ad hoc letter writing campaign in opposition to the APA Model Licensure Act
Ad hoc letter writing campaign in opposition to NYSED Mandate Relief
Proposals to Remove School Psychologists as mandated CSE members

Infiltrating Schools With the Human Touch: Implications for School Psychologists.
Jeffrey Froh, Cara M. Riebe, Mark D. Terjesen, Matthew Jackofsky, Anthony Pantaleno.
Paper presented at the 110th Annual Convention of the American Psychological Association
(APA), Chicago, IL August 22-25, 2002.

“Mindfulness Meditation Sitting Group for Mental Health Professionals”
Open to All Members of the Suffolk County Psychological Association

Fall, 2010 Spring, 2011 Spring, 2012

As of August 2013